

Parents as Partners Conference

Workshop Session: A1, B1, C1

Room: 200A

The Seven Sacred Teachings

Aboriginal Community Advisory Committee (ACAC)

Participants will learn Indigenous approaches to self-care by incorporating the 7 Sacred Teachings. The Seven Sacred Teachings are respect, love, humility, bravery, honesty, truth and wisdom. The Seven Sacred Teachings are based on the foundation of a “good way of life” and are a reminder of how we should respect and take care of ourselves, each other and Mother Earth (the environment). Participants of the workshop will have the opportunity to explore how the fundamental teachings of the Seven Sacred Grandfathers/Grandmothers can be applied at home, school, work and community.

Billie Jo Reynolds

Indigenous artist educator and teacher

Billie Jo Reynolds Tabobondung is an Indigenous artist educator and teacher. In pursuit of her dreams, Billie Jo left the office space and became a teacher in 2014. As soon as she graduated, she went home to Wasauksing FN to teach kindergarteners. She later returned to Toronto and is currently enjoying her role and responsibility as an occasional teacher with the TDSB, as well as being an arts educator sharing Indigenous knowledge and art practices.